



 Congratulations on Enrolling in the Live Yoga Workshop!

Dear Fitness Enthusiast,,

Congratulations on taking the first step toward your yoga journey with us!  We're thrilled to have you join the **Live Yoga Workshop** guided by our expert instructor, **Ishika Gaur**.

Join this whats app group: <https://chat.whatsapp.com/KB77dGJo0sp4ekFbe5SHSM>


Here are the details of the workshop:

-  **Date:** Sunday, **Jan 12, 2025**
-  **Time:** 11:00 AM (Duration: 2 Hours)
-  **Platform:** Google Meet (Link to be shared in the group)

Step 2: Stay Connected!

Join our **WhatsApp Group** for updates and the workshop link:

[Join Now](#)

This workshop is designed to help you experience the transformative power of yoga in just 2 hours, all from the comfort of your home! 

We look forward to seeing you on **Jan 12**. Until then, feel free to reach out if you have any questions or need assistance.

Warm regards,

Ishika Gaur